COURSE INFORMATION FORM

DISCIPLINE: Occupational Therapy Assistant
COURSE TITLE: Therapeutic Interventions I
CR.HR: 4.0  LECT HR. 2.5  LAB HR. 3.0  CLIN/INTERN HR. _____  CLOCK HR. _____

CATALOG DESCRIPTION
Basic therapeutic interventions, techniques, applications and legislation pertinent to OT practice. Learn OT’s role in promoting health and wellness.

PREREQUISITES
Formal admission to the Occupational Therapy Assistant Program.

EXPECTED STUDENT OUTCOMES IN THE COURSE (ESO)
Upon completion of this course, the student will be able to:

1. Demonstrate competencies in functional and community mobility, ADL’s, home management and low tech assistive device education.
2. Demonstrate sound judgment in regards to safety for both the practitioner and the client in the context of the setting.
3. Describe the techniques and principles for wheelchair maintenance and positioning.
4. Identify environmental, occupation and tool adaptations to meet the needs of a variety of clients.
5. Identify several community and home support agencies and resources available to client.
6. Explain accessibility and clients rights under the Americans with Disabilities Act (ADA).
7. Describe the interaction of areas of occupation, performance skills and patterns, activity demands, context and environments.
8. Demonstrate activity analysis and group process skills.
9. Describe the importance of health and wellness and how it is impacted by the client’s perception of quality of life, well-being and occupation.
10. Identify tools and techniques to assist clients in feeding and eating performance.
11. Develop treatment strategies for a variety of deficits including physical, mental, cognitive, sensory, perceptual, neuromuscular and behavioral skills.

GENERAL EDUCATION OUTCOMES (ESO)
Specify which general education outcomes, if any, are substantially addressed by the course. Numbers in parentheses identify the Expected Student Outcomes linked to the specific General Education Outcome.

1.
PROGRAM-LEVEL OUTCOMES

CAREER AND TECHNICAL EDUCATION PROGRAM OUTCOMES
Specify which Career and Technical program outcomes, if any, are substantially addressed by the course by completing the “Career and Technical Education template” to show the relationship between course and program outcomes to assessment measures.

1. Integrate and articulate knowledge of basic tenets of OT
2. Develop and implement occupation based interventions appropriate to client needs
3. Demonstrate appreciation for ethics and values of the profession of OT

CLASS-LEVEL ASSESSMENT MEASURES
Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

Written Exams and Quizzes (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11)
Written Assignments (5, 6, 7, 8)
Laboratory activities (2, 3, 8, 10, 11)
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. Transfer Training/Safety Precautions
   A. Body Mechanics/Safety
   B. Positioning
      1. Sitting
      2. Supine
      3. Prone
      4. Side lying
   C. Transfer Methods
      1. Standing
      2. Sliding board
      3. Dependent
      4. Two/three man carry
      5. Boyer/trapeze
   D. Transfer Types
      1. Wheelchair/bed
      2. Wheelchair/toilet
      3. Wheelchair/tub
   E. Levels of Assistance/Client Functioning

II. Wheelchairs
    A. Maintenance
    B. Positioning

III. Perform and Teach Daily Living skills
    A. ADL/IADL
    B. Application of techniques to specific deficits
    C. Importance of performance to well-being and health
    D. Adaptive techniques
       1. Dressing
       2. Cooking/feeding/eating
       3. Grooming/hygiene
       4. Homemaking
       5. Bathing/toileting
    E. Purpose and Application of Low Tech Assistive Devices
       1. Button hook
       2. Sock donner
       3. Dressing stick
       4. Long handled shoe horn
       5. Reacher
       6. Elastic shoe laces
7. Long handled sponge
8. Grab bars
9. Extended shower handle

IV. Accessibility/Ergonomics/ADA
   A. Definitions
   B. Guidelines/Organizations
   C. Legislation
   D. Application of select devices

V. Activity Analysis
   A. Definitions
   B. Process
   C. Teaching/Group Process