COURSE INFORMATION FORM

DISCIPLINE: Occupational Therapy Assistant
COURSE TITLE: Mental Health

CR.HR: 2.5  LECT HR: 2.0  LAB HR: 1.0  CLIN/INTERN HR: 1.0  CLOCK HR: 0.0

CATALOG DESCRIPTION
Occupational therapy assessment and treatment techniques in the mental health setting.

PREREQUISITES
OTHA 118, OTHA 120, OTHA 121, OTHA 130 & OTHA 154 with a grade of C or higher

EXPECTED STUDENT OUTCOMES IN THE COURSE
Upon completion of this course, the student will be able to:
1. Describe the history and current practice trends of occupational therapy in the psychosocial setting.
2. Describe various diagnostic populations in psychosocial settings.
3. Describe the role of the OTR/COTA in various psychosocial settings from referral to discontinuation of OT services.
4. Use individual and group interaction and therapeutic use of self as a means of achieving therapeutic goals.
5. Explain the theories, models of practice, frames of reference that underlie the practice of OT.
6. Demonstrate the ability to use common assessments to gather data about clients served.
7. Demonstrate knowledge of global social issues and health and wellness needs of psychiatric populations.

GENERAL EDUCATION OUTCOMES (ESO)
Specify which general education outcomes, if any, are substantially addressed by the course. Numbers in parentheses identify the Expected Student Outcomes linked to the specific General Education Outcome.

1.
PROGRAM-LEVEL OUTCOMES

CAREER AND TECHNICAL EDUCATION PROGRAM OUTCOMES
Specify which Career and Technical program outcomes, if any, are substantially addressed by the course by completing the “Career and Technical Education template” to show the relationship between course and program outcomes to assessment measures.

1. Apply foundational science, humanities, and OT content to practice
2. Integrate and articulate knowledge of basic tenets of OT
3. Develop and implement occupation based interventions appropriate to client needs
4. Demonstrate knowledge of contexts of service delivery and OTA role in management
5. Demonstrate appreciation for ethics and values of the profession of OT

CLASS-LEVEL ASSESSMENT MEASURES
Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

Written Exams and Quizzes (1, 2, 3, 4, 5, 6, 7)
Written Assignments (1, 2, 3, 5)
Laboratory Activities (4, 5, 6)
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. History and Basic Concepts in Mental Health
   A. Mental Health and Mental Illness
   B. Relationship of Activity to Mental Health
   C. OT History and Future Trends
   D. Role of the OTA and OT
   E. Review of Psychological Models
   F. Practice Models (adaptive skills, role acquisition and social skills training, SI, cognitive, model of human Occupation)

II. Treatment Settings and Various Diagnostic Populations
   A. Settings
   B. Psychotropic Medications and Somatic Treatments
   C. Special Populations
   D. Interacting with Patients (therapeutic use of self, ethics, terminating therapeutic relationships)

III. Role of OT and OTA in the OT Process and Supervision
   A. Treatment Process
   B. Data Gathering and Evaluation
   C. Treatment Planning
   D. Medical Records and Documentation

IV. Treatment Interventions
   A. Group Concepts and Techniques
   B. Daily Living Skills
   C. Expressive and Coping Skills
   D. Cognitive and Sensorimotor Activities
   E. Analyzing, Adapting and grading Activities