COURSE INFORMATION FORM

DISCIPLINE: Practical Nursing
COURSE TITLE: Mental Health Nursing

CR.HR: 4.0  LECT HR: 3.5  LAB HR: 1.5  CLIN/INTERN HR: 1.5  CLOCK HR: 

CATALOG DESCRIPTION

Basics for understanding mental illness and its treatment, nursing theory, therapeutic modalities and clinical applications for TR disorders will be presented. The role and functions of the LPN (guided by scope of practice & standards) in addressing a psychosocial needs in mental health practice settings will be introduced. Assessment, therapeutic communication, nursing approach and pharmacologic interventions will be emphasized. Clinical component of course allows student opportunity to develop a skill set to use in diverse practice settings to meet client needs.

PREREQUISITES
PNUR 110

EXPECTED STUDENT OUTCOMES IN THE COURSE

Upon completion of this course, the student will be able to:

1. Explain the role of nursing care to meet a client’s psychosocial needs.
2. Illustrate the legal and ethical standards in professional relationships and delivery of nursing care to clients with mental health issues.
3. Utilize therapeutic communication in establishing effective interpersonal relationships with the client and the members of the health care team.
4. Identify social, spiritual, cultural and environmental factors in the planning and the delivery of care for the client with a mental disorder.
5. Applying knowledge of developmental levels across the life span and environmental safety measures in the care of the client with a mental disorder.
6. Describe common mental disorders, nursing interventions, psychopharmacologic implications and importance of nutrition used in treatment.
7. Discuss the use of alternative and complementary therapies classified by the National Institute of Health, and the use of alternative therapies in the treatment of insomnia, pain, stress, anxiety, depression and cognitive decline.
CLASS-LEVEL ASSESSMENT MEASURES

Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

- Quizzes (1-7)
- Assignments (1-7)
- Projects (1-7)
- Demonstrations (1-7)
- Clinical Evaluations (1-7)
- Final Exam (1-7)

PROGRAM-LEVEL OUTCOMES ADDRESSED

General Education Outcomes

Specify which general education outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes and assessment measures.

Occupational Program Outcomes

Specify which occupational program outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes to assessment measures.

- Implements nursing care using basic skills and knowledge commensurate with a safe and effective licensed practical nurse practice.
- Communicates therapeutically with patients/clients and families using verbal, non-verbal and written skills to communicate information.
- Utilize the nursing process for data collection, planning, implementation and evaluation in providing patient/client care across the life span.
- Demonstrates critical thinking skills for safe clinical practice by applying theoretical knowledge throughout the wellness-illness continuum.
- Integrates cultural, ethnic, and spiritual aspects into the plan of care for the patient/client.
- Utilizes principles and provides care related to the patient/client’s developmental stages (Erickson’s and Maslow’s)
- Displays responsibility, accountability and professionalism as a life long learner in their nursing practice.
- Identifies the environment’s internal and external forces that affect the patient/clients well-being.
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

Perspectives in Mental Health Care

I. Perspectives in Mental Health Care
   A. Concepts of psychiatric / mental health nursing
   B. Brief historical perspectives and societal, spiritual, and cultural influences related to mental health services.
   C. Understanding the stigmas along with the legal and ethical issues that encompass mental health nursing

II. Multidisciplinary Approach
   A. Understanding the team approach and the members that make up the team
   B. Effective and ineffective communication techniques within a therapeutic milieu
   C. Critical thinking skills in data collection, diagnosis, implementation and evaluation

III. Specific Mental Health Disorders
   A. Common psychiatric disorder and interventions are introduced
   B. Considerations to special populations are introduced

IV. Interventions and Treatment of Mental Disorders
   A. Psychotherapies and psychopharmacology are introduced
   B. Use of nursing interventions within the inpatient and outpatient settings
   C. Understanding community reentry, the use of advocacy, self-help and support groups