COURSE INFORMATION FORM

DISCIPLINE
Practical Nursing

COURSE TITLE
The Childbearing Family

CR.HR 4.0  LECT HR 3.5  LAB HR 1.5  CLIN/INTERN HR. 1.5  CLOCK HR.

CATALOG DESCRIPTION
This course is an introduction to maternity and pediatric nursing. Prenatal development, prenatal care, nursing care during labor and birth with a focus on the family after birth is integrated into the course. Nursing care using basic nursing skills in caring for the term, preterm and post-term newborn is included in the course and clinical components. Care of the hospitalized pediatric client and health care adaptations for the child and family is taught. Common pediatric disorders, illnesses, and diseases are reviewed by body systems. Medication administration and pediatric dosage calculations are incorporated. The clinical component allows the student the opportunity to further develop nursing knowledge using evidence based practice, assessment skills, self-awareness, and demonstrate competency of nursing care.

PREREQUISITES
PNUR 110

EXPECTED STUDENT OUTCOMES IN THE COURSE

Upon completion of this course, the student will be able to:

1. Utilize the nursing process in planning and evaluating safe and effective care for the childbearing family, taking into consideration cultural, ethnic, social, spiritual, and environmental forces.
2. Describe basic care and comfort, pharmacological and parenteral therapies, reduction of risk potential and physiological adaptation to the childbearing cycle.
3. Identify the basic needs of the individual, family, and community in relation to the nurse’s responsibility and accountability in providing care.
4. Evaluate the client’s educational needs: psychological, physical, behavioral, nutritional and biological in health promotion and illness of the childbearing family.
5. Apply the principles of communication to establish therapeutic relationships with clients, families and other members of the health care team.
6. Apply knowledge of expected stages of growth and development and prevention and/or early detection of health problems associated with the care of the childbearing family.
7. Prioritize a total plan of care for maintaining independence, restoring health or for providing a peaceful death for the childbearing family using evidenced based practice and the nursing process.
8. Identify the legal and ethical issues related to nursing of the childbearing family.
9. Describe common pediatric diseases, disorders, and illnesses, taking into consideration the physiological adaptation of the musculoskeletal, respiratory, cardiovascular, neurological, endocrine, gastrointestinal, integumentary, special senses and genitourinary systems.
CLASS-LEVEL ASSESSMENT MEASURES

Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

- Quizzes (1-9)
- Assignments (1-9)
- Projects (1-9)
- Demonstrations (1-9)
- Clinical Evaluations (1-9)
- Final Exam (1-9)

PROGRAM-LEVEL OUTCOMES ADDRESSED

General Education Outcomes
Specify which general education outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes and assessment measures.

Career and Technical Program Outcomes
Specify which occupational program outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes to assessment measures.

- Implements nursing care using basic skills and knowledge commensurate with a safe and effective licensed practical nurse practice.
- Communicates therapeutically with patients/clients and families using verbal, non-verbal and written skills to communicate information.
- Utilize the nursing process for data collection, planning, implementation and evaluation in providing patient/client care across the life span.
- Demonstrates critical thinking skills for safe clinical practice by applying theoretical knowledge throughout the wellness-illness continuum.
- Integrates cultural, ethnic, and spiritual aspects into the plan of care for the patient/client.
- Utilizes principles and provides care related to the patient/client’s developmental stages (Erickson’s and Maslow’s)
- Displays responsibility, accountability and professionalism as a life long learner in their nursing practice.
- Identifies the environment’s internal and external forces that affect the patient/clients well-being.
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. Introduction to maternal and newborn nursing
   A. History and trends in childbirth
   B. Human reproduction – review Body Structure and Function
      1. Female anatomy and function in relation to reproduction
      2. Male anatomy and function in relation to reproduction
   C. Fetal Development

II. The Expectant Family
   A. Physical / psychological adaptation to pregnancy
   B. Prenatal care
   C. Complications of pregnancy
   D. Assessment of fetal health

III. Labor and Birth Experience
   A. Process of normal labor
   B. Pain management in labor
   C. Complications of labor and birth

IV. The Postpartum Family
   A. Physical / psychological adjustments
   B. Nursing care
   C. Complications during the postpartum period
   D. Family planning

V. The Normal Newborn
   A. Adjustment to extrauterine life
   B. Assessment and daily care

VI. Overview of nutrition, growth and development
   A. An overview of maturation, growth and development
   B. Nutrition, growth and development of the infant
   C. Nutrition, growth and development of the toddler
   D. Nutrition, growth and development of the preschool child
   E. Nutrition, growth and development of the school age child
   F. Nutrition, growth and development of the adolescent

VII. Introduction to pediatric health care adaptations
   A. History of pediatrics
   B. The child’s experience of hospitalization
   C. Healthcare adaptations for the child and family

VIII. The Child Needing Nursing Care
   A. The newborn with a congenital malformation
   B. The child with a sensory or neurological condition
   C. The child with a musculoskeletal condition
   D. The child with a respiratory or cardiovascular condition
   E. The child with a condition of the blood/lymph system
   F. The child with a gastrointestinal condition
   G. The child with a genitourinary condition
   H. The child with a skin condition
   I. The child with a metabolic condition
   J. The child with a communicable disease
   K. The child with an emotional or behavioral condition