This course must be taken concurrently with Fundamentals of Professional Nursing in the first semester of the program and presents the concepts underlying the nursing curriculum. The course provides a basis for beginning nursing practice, introducing the student to nursing as a profession with its component parts: professionalism, health care delivery systems, the health care team and legal/ethical issues. The student is introduced to communication theory, the hierarchy of basic needs, developmental theories, the impact of culture and ethnicity on health practices and the nurse-client relationship. The fundamental principles of health assessment are also a part of this course. Competency in calculation of medication dosages will be addressed.

PREREQUISITES
Admission to nursing program; completion of or concurrent enrollment in PSYC 243

EXPECTED STUDENT OUTCOMES IN THE COURSE (ESO)
Upon completion of this course, the student will be able to:

1. Identify stages of human development and related tasks.
2. Discuss elements that make nursing a profession.
3. Assess the impact of cultural, ethnic, legal, spiritual and ethical factors on professional practice.
4. Demonstrate basic physical assessment techniques.
5. Calculate medication dosages utilizing basic math principles.
6. Differentiate between therapeutic and non-therapeutic communication.
7. Identify the basic principles and classifications of pharmacology.
8. Identify basic medical terms/abbreviations.

GENERAL EDUCATION OUTCOMES (ESO)
Specify which general education outcomes, if any, are substantially addressed by the course. Numbers in parentheses identify the Expected Student Outcomes linked to the specific General Education Outcome.

Outcomes (ESO)

1. Communication
   A. Listening and Speaking
      6. Demonstrate basic communication delivery skills, both vocally and nonverbally.

3. Life-Long Learning
   A. Open-minded Inquiry
      5. Explore other cultures
PROGRAM-LEVEL OUTCOMES

CAREER AND TECHNICAL EDUCATION PROGRAM OUTCOMES
Specify which Career and Technical program outcomes, if any, are substantially addressed by the course by completing the “Career and Technical Education template” to show the relationship between course and program outcomes to assessment measures.

Upon completion of this Level I course within the Associate Degree Nursing Program, the student will:

1. Recognize the significance of principles of growth and development in providing age appropriate nursing care.
2. Respect cultural and ethnic differences when planning care.
3. Provide basic client care organized according to Maslow’s hierarchy of needs throughout the health-illness continuum.
4. Identify the impact of the environment in providing care throughout the wellness-illness continuum.
5. Describe the role of the Associate Degree Nurse in the health care delivery system.
6. Utilize the nursing process as a framework for data collection, assessment, diagnosis, planning, implementation and evaluation in providing client care.
7. Utilize basic concepts of scientific knowledge to provide rationale for nursing actions.
8. Utilize verbal and written skills to communicate pertinent information.
9. Discuss legal/ethical guidelines in the provision of basic nursing care.

CLASS-LEVEL ASSESSMENT MEASURES
Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

1. Written examinations (1-8)
2. Assigned written work per guidelines (1-8)
3. Demonstrated physical assessment skills (4)
4. Self-study in a programmed instruction text (8)
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. Nursing as a profession
   A. Definition of nursing
   B. Historical evolution of nursing as a profession
   C. Educational preparation of nursing as a profession
   D. Responsibilities and roles of the nurse
   E. Major aims of nursing
   F. Guidelines for nursing practice
      1. Nurse Practice Acts
      2. Nursing organizations

II. The client
    A. Maslow’s hierarchy of needs
    B. The self-concepts
    C. Stages of development
    D. Culture/Ethnicity
    E. Spirituality
    F. Function of the client within a family
    G. Function of the client within the community

III. Stress and adaptation
    A. Physiological homeostasis
    B. Psychological homeostasis
    C. Coping mechanisms
    D. Sources of stress
    E. Ways to reduce stress

IV. Documenting and Reporting
    A. Purpose of documentation
    B. Principles of charting
    C. Types of documentation forms
    D. Seven types of charting
    E. Legal problems in charting
    F. Types of reporting in a health care facility

V. Metrology
    A. Performing basic math functions
    B. Converting units of measurement within the metric system, the apothecary system and the household system
    C. Calculating medication dosages

VI. Communication
    A. Parts of communication
    B. Levels of communication
C. Forms of communication
D. Factors influencing communication
E. Factors promoting effective communication
F. Contrast between therapeutic relationship and social relationship
G. Phases of the therapeutic relationship
H. Therapeutic communication
I. Non-therapeutic communication
J. Communicating with clients with special needs

VII. Continuity of care
A. Facilities for care
B. Financing for care
C. Admission to the health care facility
D. Transfer within the health care facility or to another health care facility
E. Discharge from a health care facility

VIII. Ethical and legal considerations
A. Values, ethics and morals
B. General ethical standards/principles by which health care is completed
C. Nursing Code of Ethics
D. Legal statues for practice
E. Legal wrongs in practice
   1. Crime
   2. intentional torts
      a) assault
      b) battery
      c) defamation
      d) invasion of privacy
      e) false imprisonment
      f) fraud
   3. unintentional torts
      a) negligence
      b) liability
F. Safeguards to practice
   1. contracts
   2. collective bargaining
   3. competent practice
   4. patient education
   5. executing physician’s orders
   6. documentation
   7. adequate staffing
   8. professional liability insurance
   9. risk management
   10. variance reports

IX. Pharmacology
A. Introduction
B. Anti-infectives
C. Neurological drugs
D. Musculoskeletal drugs
E. Gastrointestinal drugs
F. Cardiac and vascular drugs
G. Respiratory drugs
H. Miscellaneous categories of drugs

X. Medical terminology
   A. Prefixes
   B. Suffixes
   C. Root words
   D. Combining forms
   E. Abbreviations