COURSE INFORMATION FORM

<table>
<thead>
<tr>
<th>DISCIPLINE</th>
<th>Professional Nursing</th>
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<tbody>
<tr>
<td>COURSE TITLE</td>
<td>Nursing of Women and Neonates</td>
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<tr>
<td>CR.HR</td>
<td>4.0</td>
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<tr>
<td>LECT HR</td>
<td>2.0</td>
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<td>LAB HR</td>
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<td>CLIN/INTERN HR.</td>
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<td>CLOCK HR.</td>
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CATALOG DESCRIPTION

This is a sixteen-week nursing course focusing on nursing care of women and neonates. The course is designed to provide a holistic view of women and their health-related, self-care practices. While major emphasis is placed upon providing experiences in meeting the basic needs of the family during the family during the childbearing years, women’s changing health care requirements throughout her lifetime are also addressed. Communication with women, mothers, and significant others is emphasized. Developmental tasks of the neonate, adolescent, and adult are identified. The nursing process is utilized in the clinical setting to determine needs and related interventions for childbearing women, neonates, and support systems. Emphasis is placed on incorporating teaching-learning needs as part of the plan of care for the culturally diverse family.

PREREQUISITES

Admission to RNUR 138 requires successful completion of all prerequisite courses.
BIOL 100 or CHEM 105, PSYC 140, RNUR 126, RNUR 131, BIOL 109, or option of BIOL 110 AND BIOL 210, PSYC 243

EXPECTED STUDENT OUTCOMES IN THE COURSE (ESO)

Upon completion of this course, the student will be able to:

1. Identify developmental tasks/stages, social, cultural, and ethnic factors which affect women and childbearing families.
2. Demonstrate the provision of safe nursing care to the childbearing family.
3. Examine the impact of the environment on the health practices of women and childbearing families.
4. Demonstrates behaviors congruent with professional nursing in providing holistic care for the childbearing family.
5. Employ nursing process concepts in providing holistic care for the childbearing family.
6. Utilize concepts and principles of scientific knowledge and specialized skills when providing care for the childbearing family.
7. Employ therapeutic communication to meet the needs of the childbearing family.
8. Identify the impact of technological advances on legal/ethical issues related to the childbearing process.
GENERAL EDUCATION OUTCOMES (ESO)
Specify which general education outcomes, if any, are substantially addressed by the course. Numbers in parentheses identify the Expected Student Outcomes linked to the specific General Education Outcome.

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>(ESO)</th>
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<tbody>
<tr>
<td>1: Communication-A. Listening and Speaking Skills-5. Adapt communication methodology to differing values, beliefs, and attitudes of audiences.</td>
<td>(7)</td>
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<td>2: Critical Thinking-B. Define, analyze, and evaluate information, materials and data-4. Integrate information and see relevant relationships that broaden and deepen understanding.</td>
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<td>3: Life Long Learning-A. Open minded Inquiry-5. Explore other cultures</td>
<td>(1,3)</td>
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PROGRAM-LEVEL OUTCOMES

CAREER AND TECHNICAL EDUCATION PROGRAM OUTCOMES
Specify which Career and Technical program outcomes, if any, are substantially addressed by the course by completing the “Career and Technical Education template” to show the relationship between course and program outcomes to assessment measures.

Upon completion of all Level I courses in the Associate Degree Nursing Program, the student will:

1. Recognize the significance of principles of growth and development in providing age-appropriate nursing care.
2. Respect cultural and ethnic differences when planning care.
3. Provide basic client care organized according to Maslow’s hierarchy of needs throughout the health-illness continuum.
4. Identify the impact of the environment in providing care throughout the wellness-illness continuum.
5. Describe the role of the Associate Degree Nurse in the health care delivery system.
6. Utilize the nursing process as a framework for data collection, assessment, diagnosis, planning, implementation and evaluation in providing client care.
7. Utilize basic concepts of scientific knowledge to provide rationale for nursing actions.
8. Utilize verbal and written skills to communicate pertinent information.
9. Discuss legal/ethical guidelines in the provision of basic nursing care.

CLASS-LEVEL ASSESSMENT MEASURES
Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

1. Five unit examinations (1-8)
2. Three written nursing care plans/concepts maps (1-8)
3. Written reports of assigned observational experiences (1-8)
4. Satisfactory completion of clinical performance (1-8)
5. Written physical assessment forms (1-8)
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allows. An *asterisk can be used to mark an item as optional.

I. Current issues in maternal-newborn nursing
   A. The health care environment
      1. Contemporary childbirth
      2. Social/cultural, environmental and age related influences
      3. Community-based teaching for childbearing families
      4. Legal/ethical considerations

II. Conception and growth and development of the fetus
   A. Process of fertilization
   B. Embryonic and fetal development

III. Normal pregnancy: physical and psychological changes
   A. Preparation for developmental task of parenthood
   B. Physical and psychological changes
   C. Cultural considerations
   D. Nursing assessment
   E. The expectant family-needs and care
      1. The nursing process
      2. Community-based education
   F. Special needs of adolescent pregnancy

IV. The childbearing process: normal labor and birth
   A. Process and stages of labor and birth
   B. Intrapartal nursing assessment
      1. Cultural considerations
      2. Nursing process
   C. The family in childbirth-needs and care

V. The normal newborn
   A. Physiologic responses of the newborn to birth
   B. Nursing assessment of the newborn
   C. Normal newborn: needs and care
      1. Thermoregulation
      2. Nutrition
      3. Elimination
4. Developmental tasks of family in caring for newborn

VI. Postpartum adaptations
   A. Nursing assessment
   B. Postpartal family-needs and care
   C. Home and community-based care for the postpartal family

VII. Women’s health throughout the life span
   A. Women’s health care: conception to menarche, to menopause
   B. Development tasks: needs and care
      1. Recommended gynecologic screening problems
      2. Nursing Assessment
      3. Community – based nursing care
      4. Community – based education
   C. Women’s care: social issues
      1. Women and poverty
      2. Environmental issues
      3. Abortion

VIII. Pregnancy at risk
   A. Pre-gestational problems
   B. Gestational onset
   C. Nursing assessment
      1. Cultural considerations
      2. Developmental considerations
      3. Nursing process
      4. Patient/family educational needs
   D. Assessment of fetal well being
      1. Antepartal testing
      2. Nursing care and education

IX. Childbirth at risk
   A. Nursing assessment: anxiety and fear
   B. Nursing care of women experiencing complications of labor
   C. Cultural and family considerations in patient teaching
   D. Birth – related procedures

X. The newborn at risk
   A. Conditions present at birth
   B. Birth related stressors

XI. The postpartal family at risk
   A. Hospital-based care