COURSE INFORMATION FORM

DISCIPLINE                      Professional Nursing
COURSE TITLE                    Adult Nursing II
CR.HR  5.0  LECT HR.  3.0  LAB HR.  CLIN/INTERN HR.  6.0  CLOCK HR.  

CATALOG DESCRIPTION

Adult Nursing II is the second of three medical-surgical nursing courses and is the first with a clinical component. This course allows students to utilize previous nursing concepts as they apply their skills to clients in a variety of secondary and tertiary settings. Students assume professional nursing roles in meeting basic needs by demonstrating skills in: communication, critical thinking, and the nursing process. Students interact with culturally/ethnically diverse clients and integrate legal/ethical issues into the plan of care. Content regarding medical-surgical disease processes is continued, giving the student the basis of knowledge to assist the client to reach optimal status on the health-illness continuum.

PREREQUISITES

BIOL 208, RNUR 134, RNUR 138, RNUR 141
Prerequisites or taken concurrently: ENGL 101, SOCI 160

EXPECTED STUDENT OUTCOMES IN THE COURSE (ESO)

Upon completion of this course, the student will be able to:

1. Assess health problems commonly occurring across the life span stages from young adult through old age.
2. Discriminate between normal and abnormal physiological changes in developing a plan of care to meet clients’ basic needs.
3. Relate environmental impact on clients experiencing acute and chronic health problems.
4. Utilize communication skills effectively in the delivery of care to clients with varied healthcare needs.
5. Model behaviors consistent with the professional nursing role.
6. Implement the nursing process to provide nursing care for culturally/ethnically diverse clients with a variety of health disorders.
7. Incorporate the impact of legal and ethical issues on the delivery of health care into practice decisions.
8. Evaluate the effectiveness of nursing care and revise the plan of care as necessary.
GENERAL EDUCATION OUTCOMES (ESO)
Specify which general education outcomes, if any, are substantially addressed by the course. Numbers in parentheses identify the Expected Student Outcomes linked to the specific General Education Outcome.

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>(ESO)</th>
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<tbody>
<tr>
<td>2. Critical Thinking</td>
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<tr>
<td>A. Sort and classify information</td>
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<tr>
<td>4. Distinguish the relevant from irrelevant and integrate key relationships</td>
<td>(1,2)</td>
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<tr>
<td>B. Define, analyze, and evaluate information, materials and data</td>
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<td>2. Construct valid inferences from facts, credible sources, experiences, anecdotes, and values and belief systems</td>
<td>(1,6,8)</td>
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PROGRAM-LEVEL OUTCOMES
CAREER AND TECHNICAL EDUCATION PROGRAM OUTCOMES
Specify which Career and Technical program outcomes, if any, are substantially addressed by the course by completing the “Career and Technical Education template” to show the relationship between course and program outcomes to assessment measures.

Upon completion of all Level II courses in the Associate Degree Nursing Program, the student will:

1. Analyze concepts and principles of growth and development when providing age-appropriate nursing care.
2. Integrate cultural and ethnic data when planning nursing care.
3. Prioritize client-centered care according to identified basic needs.
4. Analyze the impact of internal and external environmental factors on the provision of care throughout the wellness-illness continuum.
5. Demonstrate responsibility and accountability for continued development as a professional person.
6. Evaluate the effectiveness of the nursing process in the delivery of health care to clients/families throughout the life cycle.
7. Integrate principles from an expanding body of knowledge to assist individuals in promotion, maintenance and restoration of optimal health and independence whenever possible or a peaceful death.
8. Demonstrate therapeutic communication techniques to establish and maintain relationships with clients/families and the multidisciplinary health care team.
9. Integrate ethical and legal standards into the practice of nursing.

CLASS-LEVEL ASSESSMENT MEASURES
Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

1. Written examinations (1-8)
2. Assigned written work per guidelines (1-8)
3. Clinical performance based on clinical objectives (1-8)
4. Individual and group presentations (4)
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. Introduction to Acute Care
   A. Introduction to acute care concepts in adults; Physical Assessment
   B. Basic human needs of adults with acute and chronic illness
   C. Developmental tasks of adults
   D. Influences of cultural beliefs on health care delivery
   E. Ethical issues in acute care
   F. Fluids and Electrolytes; IV fluid therapy & Intravascular devices

II. Care of Clients With Cardiovascular Disorders
   A. Cardiovascular Assessment and Diagnostic testing
   B. Hypertension
   C. Coronary artery disease
   D. Myocardial infarction
   E. Congestive heart failure
   F. Pulmonary edema
   G. Peripheral vascular disease
   H. Deep vein thrombosis
   I. Blood and blood component therapy

III. Care of Clients With Respiratory Disorders
   A. Pulmonary Assessment and diagnostic testing
   B. Chronic obstructive pulmonary disease-emphysema, asthma, bronchitis
   C. Lung abscess, pleurisy, pleural effusion
   D. Arterial Blood Gases
   E. Tuberculosis

IV. Care of Clients with Neurological Disorders
   A. Neurological Assessment and Diagnostic testing
   B. Parkinson’s disease
   C. Multiple Sclerosis
   D. Myasthenia gravis
   E. Meningitis
   F. Seizure Disorders
V. Care of Clients With Gastrointestinal Disorders
   A. Assessment and Diagnostic testing
   B. Esophageal disorders: achalasia, esophageal varices, hiatal hernia
   C. Gastroenteritis
   D. Ulcers (peptic, duodenal)
   E. Morbid obesity
   F. Colorectal disorders: hemorrhoids, fissures, fistulas
   G. Hepatitis
   H. Therapeutic nutrition (TPN, PPN, Peg, NG, etc.)
   I. Gallbladder Disease
   J. Ulcerative colitis; Chron’s disease

VI. Care of Clients With Endocrine Disorders
   A. Assessment and Diagnostic testing
   B. Thyroid disorders: Graves disease, Thyroid Storm, Myxedema Coma
   C. Parathyroid disorders: Tetany

VII. Care of Clients With Reproductive System and Genitourinary Disorders
   A. Assessment and Diagnostic Testing
   B. Renal calculi
   C. Urinary Tract Infections
   D. Pyelonephritis
   E. Nephrotic Syndrome

VIII. Care of Clients With Skin Disorders
   A. Assessment and Diagnostic Testing
   B. Psoriasis
   C. Shingles
   D. Skin cancer
   E. Lupus erythematosus