



METROPOLITAN
COMMUNITY COLLEGE

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Biennial Review of Alcohol and Other Drugs Prevention Program

AY 2022-24

Review Completed by the Biennial Review Committee

September 20, 2024

Preparing students, serving communities, creating opportunities for all

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Preface

Metropolitan Community College (MCC) is committed to a safe, secure, healthful and drug-free work, campus and community environment, and has adopted the Drug-Free Schools and Communities Act and Drug-Free Workplace Act standards as part of its own policies. The College has implemented alcohol and drug abuse prevention programming including formal notifications and education. All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced.

The Drug-Free Schools and Communities Act

The Drug-Free Schools and Communities Act (DFSCA) requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, institutions of higher education collect information regarding drug and alcohol prevention policies, procedures and programs for students and college employees both on school premises and as part of any of its activities.

To certify its compliance with the regulations, a college or university must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities.

Creating a program that complies with the regulations requires institutions to do the following:

- Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student, faculty and staff member each year.
- Prepare a biennial review report on the effectiveness of its alcohol and other drug programs and the consistency of policy enforcement.
- Maintain its biennial review report on file so that it can be submitted, if requested, to the U.S. Department of Education, other entity or individual.

Compliance with the DFSCA

In support of the health and safety of the College's students and employees, and pursuant to the requirements of the Drug-Free Schools and Communities Act, MCC has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees on its premises and as a part of its activities as demonstrated through this biennial review. MCC has a policy on alcohol and other drugs (AOD) which is distributed to every student and employee (see Employee and Student Awareness of Policies, page 5).

A decision was made this year to shift the MCC biennial review timeframe from calendar years to academic years to align with information required in MCC's Annual Security Report.

MCC formed a committee to conduct the biennial review for Academic Years (AY) 2022-24. The members of the biennial review committee include:

- Kim Fernandes-Director of Student Disability Services
- Keith Stiffler-MCC-Blue River Dean of Student Development and Enrollment
- Burke Maxted-MCC-Blue River Counselor
- Captain Brenda Hasty-MCC-Administrative Center Police Department

A hard copy of this biennial review report is available with each of MCC's five campus Deans of Student Development, the district's Associate Vice Chancellor of Student Financial Services, and in the [Consumer Information](#) section on the MCC website.

Materials Reviewed, Processes and Programming

The following policies and guidelines which provide information related to alcohol and drug use prevention were reviewed for this biennial review. MCC policies and guidelines which provide information related to alcohol and drugs can be found in designated offices as well as website links:

- Past MCC Biennial Reviews and Data
- MCC Catalog and Student Handbook
- MCC [Annual Security Report](#)
- MCC's [Consumer Information site](#) has multiple links dedicated to the DFSCA.
- [MCC Drug Free Workplace, Campus and Community Policy](#)
- [MCC Drug Free Workplace, Campus and Community District Regulation](#)
- [MCC Tobacco Free Board Policy](#)
- [MCC Tobacco-Free District Procedure](#)
- [Prohibited Student Conduct/Student Code of Conduct](#)
- [Summary of Disciplinary Actions](#)
- [Other Resources: Prevention Programs, Health Risks, Relevant Missouri Laws](#)
- The Higher Education Amendments of 1998, (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989, (P.L. 101-226)
- The Alcohol and Other drug programs and policies (EDGAR Part 86.100)

For AY 2022-24, MCC continued implementing effective programs which have supported the district's very low number of alcohol and drug-related incidents. MCC's students and employees engaged in interactive activities and programs, including educational programming, student surveys, and meetings with DFSCA dialogue involving many MCC employees, including the following:

- Karen Moore-Associate Vice Chancellor of Student Success and Engagement
- Keith Stiffler-Dean of Student Development MCC-Blue River
- Mindy Pettegrew-Dean of Student Development MCC-Longview
- Terrell Tigner-Dean of Student Development MCC-Maple Woods
- Dr. Christine Howell-Dean of MCC-Online
- Dr. Samaiyah Jones-Scott-Dean of Student Development MCC-Penn Valley
- 4 full-time MCC Counselors representing each of the physical campuses
- 4 Student Engagement Managers representing each of the physical campuses

MCC's Drug and Alcohol Policy

MCC is committed to a safe, secure, healthful, and drug-free work, campus, and community environment, and has adopted the Drug-Free Schools and Communities Act and Drug-Free Workplace Act standards as part of its [district policy](#) and [regulation](#). All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. MCC standards of conduct prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

MCC Student Code of Conduct DFSCA

MCC is committed to maintaining a teaching and learning environment that fosters critical thinking, creativity, personal integrity, and positive self-esteem. The intent of the [Student Code of Conduct](#) is to define a collegiate standard of behavior and to describe the actions to be taken if a person disregards this standard. As such, MCC's standards of conduct prohibit the unlawful possession, use or distribution

of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. (See MCC Board Policy and District Regulation 3.30060, §§195.003, RSMo et. seq.) The state of Missouri sets the minimum age to purchase or possess any alcoholic beverage at 21. Specific ordinances regarding violations of alcohol laws, including driving while intoxicated, are available from the MCC Police Department. The number of arrests, referrals and disciplinary actions related to drug abuse and liquor law violations at the institutional level for all of our campuses for the time period of this review is extremely low (see [Annual Security report](#)).

Annual Security Report

The [Annual Security Report](#) is published on an annual basis as required under The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, 20 U.S.C. § 1092(f) ("Clery Act") as amended by The Violence Against Women Reauthorization Act of 2013, and include statistical, policy and procedural information as required by law.

The MCC police department prepares the annual security report to comply with the Clery Act. The crime statistics included in the report are compiled from reports received by the MCC police department, deans of students, chancellor's office and other campus security authorities and from reports provided from local law enforcement agencies. Each year, an email notification is sent to all enrolled students and employees that provides the website to access this report. Copies of the report may also be obtained from the MCC Police Department.

The report includes MCC's Alcohol and Other Drug Policies and Incidences. The data is studied regularly to make decisions for future training and programming for MCC students and personnel.

In 2021-22, MCC had zero police reports of drug and alcohol law violations for all MCC campuses. This continued for AY 2022-24; there were again zero reports in this two-year timeframe.

Employee Awareness of Policies

All employees are given a copy of MCC's drug-free workplace policy at New Employee Orientation. The policy and regulation are also emailed annually to all employees. Compliance training, including a course on a drug-free workplace, must be completed by employees every two years.

Student Awareness of Policies

Students are made aware of MCC's drug and alcohol prevention policies, procedures and programs through email notification, online orientation, campus AOD activities, campus flyers, pamphlets, and information posted in Canvas course shells by faculty. Social media posts related to campus activities and programming continue to improve awareness of events and activities. Student surveys will be explored for implementation to measure the effectiveness of AOD programming awareness and produce additional target programming.

Campus Drug & Alcohol Resources and Programs

Each campus has developed a process to address the use of illicit drugs and abuse of alcohol by students and employees. The programs include the distribution of informational materials, educational programs, referrals, and college disciplinary actions. Students with alcohol or drug-related problems are encouraged to contact the campus counseling office for referrals to private and community

agencies. Employees with alcohol or drug-related problems are encouraged to contact the MCC Human Resources office for information and referral to the district employee assistance program.

MCC Cares

Metropolitan Community College (MCC) cares about the health, safety, and success of our students and campus community. [MCC Cares](#) coordinates established resources to respond to students in distress.

Missouri Partners in Prevention MACHB 2023-24 Data

In AY 2022-2024, MCC continued our partnership with Missouri Partners in Prevention to assess MCC students’ attitudes and behaviors related to drugs and alcohol and mental health.

A total of 1069 students from all four physical campuses participated in the 2024 Missouri Assessment of College Health Behaviors (MACHB) assessment for a return rate of 11%. This is the same as the return rate percentage in 2022.

The MCC results were compared with survey results from other Missouri two-year institutions of higher education. Below are the overall findings related to drugs and alcohol, comparing this year’s data with data from our previous assessment in 2022. New categories, including MDMA, hallucinogens, and Delta 8 THC were added this year, so there is no 2022 data for those categories.

The data shows that alcohol use and cocaine and heroin use have decreased since the last assessment. It appears that programming related to cannabis and nicotine use and abuse of prescription drugs could be useful at MCC as these are on the rise. Educational programming on these topics will begin as of Fall 2024.

Survey Question	MCC 2022	MCC 2024	Other MO 2-Year Colleges 2024
Used alcohol in the past year	53%	47%	47%
Engage in binge drinking	11%	11%	11%
Cannabis use (any type)	28%	32%	27%
Prescription drug use (all types w/o prescription)	6.8%	8%	7.3%
Prescription drug misuse (all types with prescription)	5.7%	6%	5.2%
Cocaine use	3%	2.1%	1.7%
Heroin use	1.1%	.4%	.2%
MDMA	N/A	1.2%	.9%
Hallucinogens	N/A	6%	4%
Delta 8 THC	N/A	9.8%	8.7%
Tobacco/nicotine use (any types)	25%	27%	30%

Activities Summary

MCC offers a broad range of alcohol and drug abuse awareness activities ranging from formal presentations to information and resource tables as well as alcohol and drug-free activities. The purpose of these activities is to divert high-risk drinking while introducing safe pro-social activities. All student activities are alcohol-free events. There are many student activities throughout the academic year which encourage student participation while in an alcohol-free environment. A sample of student activities that took place over the last two years includes mocktail happy hours, paint and sip with mocktails, trivia games, and resource tables. There is a high level of collaboration between counselors,

Campus Life & Leadership and Student Engagement staff, and Campus Police to provide drug and alcohol programming on each campus.

Student, Faculty, and Staff Programming for AY 2022-24

*If no attendance numbers are shown, that indicates an informational table/passive programming or attendance is unknown

Fall 2022 Events

Event/Training	Campus	Date	Audience	Training Provided By	Aprox. # Attendees
Alcohol/Drug Community Resources Email	PV	9/12/22	Students	PV Counseling	2891
Current Drug Trends: Opioids & Fentanyl (2 sessions)	MW (virtual district-wide)	11/16/22	Students, Employees	MW Counseling & First Call KC	9
Wolfpack Wellness Fair	MW	Fall 2022	Students, Employees	Information and resources provided by MW Counseling, First Call, & Tri-County Mental Health Services	26
Alcohol/Drug Educational Brochures/Flyers	All	ongoing	Students/Employees	MCC Counseling	
MCC Counselor Website	PV	ongoing	Students, Employees, Community	MCC Counseling	
MCC Employee Training	All	ongoing	Employees	Human Resources	

Spring 2023 Events

Event/Training	Campus	Date	Audience	Training Provided By	Aprox. # Attendees
Drug/alcohol resource table at multiple MW virtual events	MW	1/25/2023, 2/23/2023, 4/13/2023, 5/1-5/10/2023	Students, Employees	Information and resources provided by MW Counseling & First Call KC	26

Community Resources/Alcohol and Drug Awareness mass email to enrolled students	PV	2/13/23	Students	PV Counseling	
Alcohol/Drug Educational Brochures/Flyers	All	ongoing	Students/ Employees	MCC Counseling	
MCC Counselor Website	PV	Fall 2023	Students, Employees, Community	MCC Counseling	
MCC Employee Training	All	ongoing	Employees	Human Resources	

Fall 2023 Events

Event	Campus	Date	Hosting Department	Attendance
Kahoot Day (Misc. Trivia with drug/alcohol components included)	MW	11/6/2023	Campus Life	6
Drug & Alcohol Education Trivia	BR	11/28/2023	Campus Life	30
MCC Employee Training	All	Ongoing	Human Resources	

Spring 2024 Events

Event	Campus	Date	Hosting Department	Attendance
Paint and Sip (mocktails and education about alcohol safety)	BR	2/6/2024	Campus Life	10
Mocktail Happy Hour/Drunk Goggles/Trivia for alcohol awareness	LV	4/2/24	MCC Police Department & Counseling	
Alcohol Awareness Month (Resources)	MW	4/15/24- 4/16/24	Student Engagement	

Just One Drink (alcohol education with mocktails)	PV	5/1/2024	Student Engagement & Campus Life	45
MCC Employee Training	All	Ongoing	Human Resources	

MCC’s Drug and Alcohol Awareness Program Reviews

MCC’s counselors, student engagement managers, and the Biennial Review Committee meet to review the effectiveness of the district’s AOD programming. The goal of these meetings is to discuss the types of drug and alcohol programs currently offered at MCC and the effectiveness of these programs. It appears that the effectiveness of our current programming is good due to the very low numbers of drug and alcohol related offenses on our campuses. However, stakeholders continue to discuss how they would improve drug and alcohol awareness programs at MCC. Feedback was collected in August of 2024 to review programming from the past two years.

Strengths of MCC’s Alcohol and Drug Programming

- Year-round programming is available to students and employees of MCC.
- MACHB data is used to plan future programming where areas of concern are noted.
- Annual notifications of required elements of MCC’s policies and student code of conduct, including the Clery Report, are sent to students.
- There were zero alcohol and drug-related incidents during the 2023 and 2024 academic years as evidenced by our annual security report.
- In MCC’s 2021-22 report, an opportunity to improve programming through a switch to Campus Life & Leadership hosted events was noted. The hope is that this will increase student participation. The transition from Counseling to Student Engagement was made in the fall semester of 2023, and limited events were held during this time of planning and change. The result was an increase in in-person programming at all four physical campuses for the spring 2024 semester.
- Drug-free workplace has been incorporated into the annual compliance training required of all MCC employees.

Opportunities to Improve Alcohol and Drug Programming

- Implement a process for consistently collecting student feedback/data on the effectiveness of drug and alcohol programming that is provided.
- Continue to provide student events and activities that offer students safe and alcohol-free alternatives.
- Better publicize MCC’s alcohol-free student events in a manner which expresses the event is an alternative to binge drinking, partying, etc.
- Explore utilizing social media toward alcohol and drug prevention efforts as this platform may be leveraged to reach many segments of our student population.
- Use the MACHB data to inform future programming.

Ideas for Future Programming

- Offer programming on cannabis and nicotine use and abuse of prescription drugs due to the MACHB results that show these areas have increased for MCC students. This was already started in Fall 2024 after the MACHB results were received.

- Explore offering more interactive events such as marijuana jeopardy.
- Educational opportunities regarding marijuana given the recent legalization of marijuana usage in Missouri.

MCC has developed a comprehensive approach to address alcohol and other drug issues on campus. The College will continue to develop, assess, and pursue the best practices for our campus community to create a safe and healthy learning and working environment for our students and employees.

Conclusion

Metropolitan Community College is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next review. These goals will form the basis for continued campus efforts and additional planning.