

THE ACCIDENTAL SMOKER

Ever wonder how much secondhand smoke you are breathing in, check out the following situations:

Sitting behind someone smoking in a

Stadium 3 hours

Comparable to smoking →



Sitting in the

Non-smoking section of a restaurant 2 hours

Comparable to smoking →



Living in a

Pack-a day smoker's home 24 hours

Comparable to smoking →



Riding with someone smoking, windows up, in a

Car 1 hour

Comparable to smoking →



Sitting behind someone smoking in a

Smoky bar 2 hours

Comparable to smoking →



Working in a

Smoker-friendly office 8 hours

Comparable to smoking →



Working in a

Smoky bar 8 hours

Comparable to smoking →

